

Play Like Winners Volleyball Club

Student-Athlete Agreement

A Student-athlete on the Play Like Winners Volleyball Team is expected to represent herself and her team with integrity and honesty in academics, athletics and social experiences. She understands that the Play Like Winners Volleyball Team is for the athlete and she is expected to fully honor her commitment to the team.

The Student-Athlete:

- Understands that proper nutrition, adequate rest and healthy life choices are imperative for top performance. Taking care of her body is an ongoing, year round process. Drugs, alcohol, and/or tobacco have no place in the life of an elite athlete.
- Understands that the Play Like Winners Volleyball Club has a "ZERO TOLERANCE POLICY" for under-age drinking and/or drug use at any practices or tournaments. Violators of this policy will be immediately dismissed from the team.
- Is expected to speak with the Coach about any problems or concerns. If the student-athlete has met with the coach and the issue is still not resolved, the parent and student should schedule a conference with the Coach.
- Understands that the Play Like Winners, Inc. is committed to providing excellent coaching and that she is expected to have an approachable spirit and an open mind to new drills, and methods.
- Is expected to support her teammates at all times. Negative comments regarding coaches, teammates, officials or parents will not be tolerated.
- Is expected to be at all scheduled practices and games. Written and/or verbal notice must be given to the coach prior to the practice or game missed. Unexcused absences will impact the amount of playing time at the next tournament and may result in consequences during practice.
- Is expected to report all physical injuries or illnesses to her coach immediately, so that necessary precautions can be taken to prevent further illness or injury.
- Understands that her involvement may enhance her possibilities of attaining a college scholarship. However, no guarantees are made regarding college scholarships. If there is a desire to play at a college level, then it is her responsibility to inform the coaches so that the coaching staff can provide appropriate guidance.
- Is expected to abide by the rules established for practice, scrimmages and tournaments facilities, both locally and in other cities.
- Must be willing to play any position needed on the team.

By agreeing to this code of conduct, the student-athlete is acknowledging that she is committed to training, competing and academic excellence. Should an athlete deliberately ignore her responsibilities as outlined in the agreement, she is subject to disciplinary action.

Athlete's Signature

Print Name

Date